

Dr. Baskaran Pillai, a celebrated global spiritual leader, teaches “we become what we think”. He is the architect of “MindScience” and the founder of a number of educational institutions and programs on top of which is the Pillai Center for MindScience.

Most people live the entire course of their lives asking the “wrong” questions and, naturally, die without finding answers to them. Since the beginning of life on earth, mankind shared common needs. These needs were basic; eat, find a mate and shelter from danger. They evolved throughout history and grew with the growth and development of life itself, but in essence we still seek “food”, a “mate” to share our private and social life with, and a decent “house” to live in. Another very important common factor among mankind regardless of era or civilization is belief in the existence of a higher power that controls every aspect of life.

What most people do not realize is that they spend their entire lives dwelling on their “misfortune” and worrying about how to get by each and every day instead of using their tremendous inner positive power, granted to them by the “higher” or “divine” power, to create a better life for themselves. The trick is “you are what you think of”, so by focusing on what’s wrong you create more of it; “thoughts become things”.

Spiritual healers, philosophers, psychologists, quantum physicists, life coaches, among many others, base their teachings for life enhancement on this philosophy. Powerful world figures have discovered this philosophy and converted its knowledge to experience life to its fullest potential and beyond.

Dr. Baskaran Pillai, a celebrated global spiritual leader, teaches “we become what we think”. He is the architect of “MindScience” and the founder of a number of educational institutions and programs on top of which is the Pillai Center for MindScience. He advocates the power of the “particle mind” to positively reconstruct people’s lives. He uses MindScience to convert effort manifestation to thought manifestation;

a much simpler form to shape people’s lives. “Mind is the finest form of matter or a particle, and if that power is realized then human beings can achieve a lot. MindScience teaches techniques to take you to the particle level of the mind so the mind would be able to conceive things at that level. That is how you will use the full potential of the mind to get whatever you want.”

MindScience examines all the conscious and subconscious aspects of the human mind along with the super-conscious state of mind. It helps you reach the particle level of the mind where you can harvest everything you strive for unlimitedly. In the Mind-Heart Connection, Dr. Pillai believes that what we think of highly affects the way we live. “When you are thinking about your problems, like, I don’t have enough money or my relationship is not working, you will be on the surface mind which is where most of the people spend their entire time and die in vain! You should not focus attention on such trivial thinking, it will make you miserable. So if you go deeper and think using your particle mind about a proton or neutron you access their power. Just the name of something will help you access the power. So to think about something is to acquire the thing itself.”

Using a blend of quantum mechanics principles MindScience studies the link between mind and matter at the fundamental level. Crowned with the Ancient Egyptian civilization, the wise traditions of ancient civilizations are also put to practice. “I bring people to Egypt because the ancient Egyptians knew how to use the higher intelligence. Look at the pyramids. They are huge pieces of rock, how did they move these huge pieces of rocks? Even with all the technology we know today we cannot build such a masterpiece that stood the test of time over 5000 years. They must

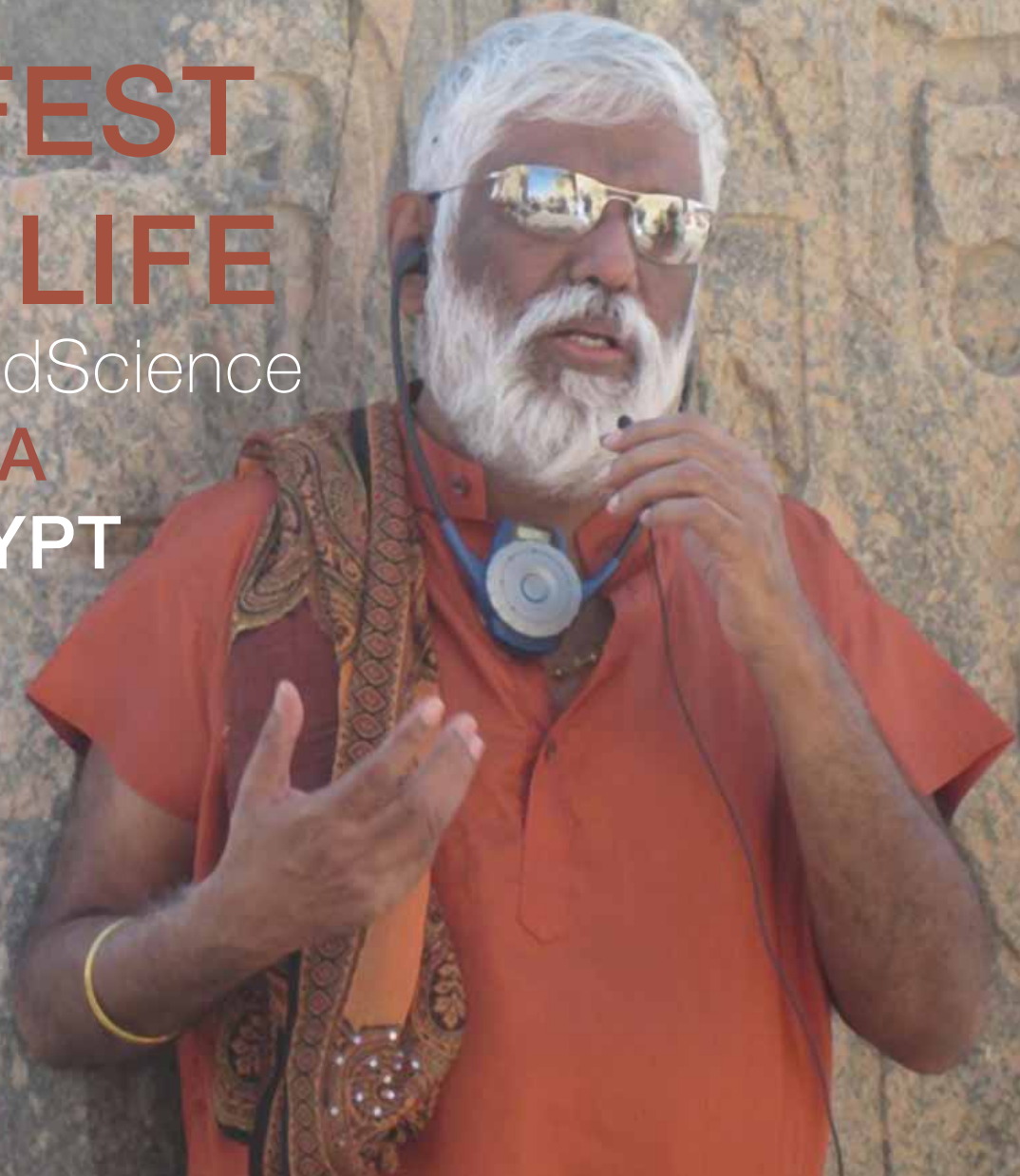
have accessed such power. They had the wisdom to work with the divine power that is why I bring people here. The Egyptians were able to see things we were not able to see with our naked eye. They saw an ethereal double which they called the “Ka”. And they represented everything using hieroglyphic symbols. If you just meditate on these symbols you will have access to wisdom.”

Dr. Pillai was born and raised in India. He was always connected to the spiritual world. After attaining his bachelor’s degree from India, he went to the Himalayas for meditation where most of his teachings came to life. With a clear mind focused on what he really wants, Dr. Pillai enhanced this knowledge with a PHD on World Religions from the United States where he resides until present day. He is also known for his philanthropic work. His non-profit foundation Tripura sponsors a number of programs such as the “Hope Town Initiative” for housing the poor and the Girls Town and Boys Town for destitute children. “I don’t believe in giving money. I believe in changing the mind set of people. So we take children from the slums and teach them how to think big. I tell them



# MANIFEST YOUR LIFE

Spiritual MindScience  
from **INDIA**  
to **EGYPT**



they can be Prime Ministers some day and then they can change their world. I started these towns 12 years ago and now some of them have become engineers and doctors and they are inspiring others to make something out of their lives. Their self esteem is measureless.”

Dr. Pillai was on his second spiritual trip to Egypt in April 2010. Although he comes from a country that is counted among the top destinations for spiritual tourism, Egypt carries a special place in Dr. Pillai’s heart. “We come here to be in the energy field of the ancient Egyptians. Last time we went to the Valley of the

Kings, Karnak, Luxor, Isis Temples in Luxor, to the Cairo Museum, the Pyramids and the Sphinx. This trip has been planned specifically because the sun moves into Aries on the 15th of April. It is when New Year actually starts, so we will go to the sun temple. It is in ruins but there is a huge alabaster sun disc which is an entry point to the energy of the sun. The ancient Egyptians built their civilization around the sun. Even the kings were called after the sun and they were focusing their attention on it because it is the sum of all energies in the solar system. They knew where

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this energy could be accessed and that is why they built a temple in that point. Our tours are based on the movement of the sun and so my trips to Egypt will be regular and ongoing.”

Besides the spiritual value of Egypt, Dr. Pillai also enjoys other features of the country. “The people in Egypt are friendly. I like the hospitality and I love the food. I really love falafel. The Nile is beautiful. It is very pretty and relaxing and the sun sets over the river.”

Dr. Pillai always has Four Seasons on top of his accommodation list whenever he travels. “I like Four Seasons. In my future trips to Egypt I will definitely stay in Four Seasons. I have a special experience from Four Seasons Hotel Toronto. When I went there the second time the waiter came and greeted me by my name. He said, “Welcome Dr. Pillai.” I was shocked and I asked him how he knew my name. He explained, “If you stay with us one time we are prepared to greet you on your next visit. The front office told us that you are here so we wanted to greet you.” It was amazing! It had never happened to me anywhere in the world. I stayed in many Four Seasons hotels in America and England, but I think the Toronto one is the best.”

According to Dr. Pillai we should live a “200%” life; 100% spiritual and 100% material. This is why he chooses to stay at places like Four Seasons, owing to its exquisite service and hospitality which is the physical or material side of the trip. The spiritual aspect is then realized through the tours he makes to various parts of Egypt. He believes that Four Seasons is a perfect environment for meditation because it is calm and comfortable and nothing can bother the guest. This is part of Dr. Pillai’s revolutionary teaching of living a fully material and fully spiritual life at the same time. “I have always said that God is not poor so why not live both spiritual and material lives. We need to understand that to be religious or spiritual doesn’t mean we should be poor. That is why I used to tell people don’t go to the Himalayas go to Four Seasons you will have better meditation!

دفعه إلى اختيار فندق فور سيزونز كمقر إقامة له في مصر بسبب خدمته الاستثنائية وحسن ضيافته أى الجانب المادى من رحلته. أما الجانب الروحى فهو يحققه من خلال جولاته وزياراته للأماكن المختلفة من مصر. إنه يؤمن بأن فور سيزونز هو المناخ المثالى للتأمل لأنه هادئ ومريح ويحرص على عدم إثارة أى إزعاج للنزيل .

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يعتبر دكتور بسكران بيلاي أحد أشهر قادة الفكر الروحانى فى العالم وهو يؤمن بأن “أى شخص سوف يصبح ما يؤمن به”. إنه رائد “علم العقل” ومؤسس عدد من المعاهد التعليمية وعدد من البرامج؛ يأتى على رأسها مركز بيلاي لعلوم العقل.

وفى إطار الرابطة التى تصل بين العقل والقلب؛ يرى دكتور بيلاي أن ما نفكر فيه يؤثر بدرجة كبيرة على نمط حياتنا. فأنت - على سبيل المثال - عندما تفكر فى مشكلة كأنك لا تملك المال الكافى أو أن علاقاتك فى حالة توتر فهذا يعنى أنك تتعامل مع المستوى السطحى من العقل وهو الجزء الذى يقضى معظم الناس حياتهم فى التعامل معه بل ويموتون بدون تجاوزه و بالتالى يضيعون أعمارهم هباءاً! يجب ألا تركز على مثل هذه الأمور الثانوية لأنها سوف تتعسك. أنت التجسيد العملى للفكر الذى يسيطر عليك؛ تذكر جيداً أن هذه هى القاعدة. وهذا يعنى أنك إن تطرقت إلى أجزاء أكثر عمقاً وفكرت فى توظيف جسيمات عقلك الدقيقة مثل جسيمات البروتونات أو النيوترونات فسوف تمتلك طاقة هذه الجسيمات الدافعة. إن مجرد استحضار اسم الشئ سوف يضع قوة هذا الشئ بين يديك؛ أى أن مجرد التفكير فى الشئ سوف يمكنك من اكتساب هذا الشئ.

”إننى أحرص على إحضار تلاميذى إلى مصر لأن المصريين القدماء كانوا يعرفون كيف يستخدمون الذكاء الأعلى“

كان دكتور بيلاي فى رحلته الروحية الثانية إلى مصر فى إبريل ٢٠١٠. وبالرغم من أنه قد جاء من بلد يعد واحداً من أعرق بلدان السياحة الروحانية فى العالم فإن مصر تشغل فى قلبه مكانه خاصة. “نأتى إلى هنا لكى نكون فى قلب طاقة المصريين القدماء. ذهبنا فى المرة الأخيرة إلى وادى الملوك فى الكرنك وزرنا معابد الأقصر وإيزيس ومتحف القاهرة والأهرامات وأبى الهول.“

وبالإضافة إلى قيمة مصر الروحانية؛ فإن دكتور بيلاي يستمتع كثيراً بكل الجوانب الأخرى فيها وقد عبر عن ذلك بقوله “أحب المصريين فهم ودودون كما أحب حسن ضيافتهم والطعام أيضاً؛ أحبه كثيراً. أعشق الفلافل. إن النيل جميل؛ فهو رائع بحق وباعتى على الاسترخاء وخاصة مشهد الغروب؛ إنه مشهد خلاب لا ينسى.“

يرى دكتور بيلاي أننا يجب أن نعيش حياتنا ٢٠٠٪: ١٠٠٪ حياة روحية و ١٠٠٪ حياة مادية. وهو ما